

# JANUARY

## EEU School Menu *for the week of January 3-6*

|           | MONDAY | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|-----------|--------|---|---|---|--|
| BREAKFAST |        | CHEERIOS<br>PEACHES<br>1% MILK  | LIFE<br>BLUEBERRIES<br>1% Milk                                    | MUFFINS WG<br>BANANA<br>1% Milk                             | RICE CHEX<br>PINEAPPLE<br>1% Milk                                    |
| LUNCH     |        | TURKEY SAUSAGE<br>ROASTED POTATOES<br>PEAS<br>APPLE SLICES<br>1% MILK | BEAN AND CHEESE<br>QUESIDILLAS<br>GREEN SALAD<br>MANGO<br>1% MILK | MACARONI AND CHEESE<br>CAULIFLOWER<br>WATERMELON<br>1% MILK | BBQ MEATBALLS<br>RICE<br>CUCUMBER SLICES<br>ORANGE SLICES<br>1% MILK |
| PM SNACK  |        | GRAHAM CRACKER<br>RAISINS<br>SUNBUTTER<br>1% MILK                     | RITZ CRACKERS<br>ORANGE JUICE                                     | OATMEAL RAISIN COOKIE<br>PEAR SLICES<br>1% MILK             | GOLDFISH CRACKERS<br>CELERY STICKS<br>RANCH<br>1% MILK               |

# JANUARY

## EEU School Menu *for the week of January 9-13*

|           | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|-----------|---|---|---|---|--|
| BREAKFAST | CORN CHEX<br>MANDARIN ORANGES<br>1% MILK              | FRENCH TOAST<br>APPLESAUCE<br>1% MILK                             | KIX<br>BANANA SLICES<br>1% MILK                                 | HARD COOKED EGG<br>CANTALOUPE<br>1% MILK                              | WG CHEERIOS<br>PINEAPPLE<br>1% Milk                  |
| LUNCH     | GF CHICKEN STRIPS<br>PEAR SLICES<br>QUINOA<br>1% MILK | TUNA FISH SANDWICH<br>CHIPS<br>WATERMELON<br>CUCUMBERS<br>1% MILK | SPAGHETTI AND MARINARA<br>CAULIFLOWER<br>BLUEBERRIES<br>1% MILK | TURKEY SAUSAGE<br>PRETZEL ROLL<br>STRAWBERRIES<br>COLESLAW<br>1% MILK | WG CHEESE PIZZA<br>GRAPES<br>GARDEN SALAD<br>1% MILK |
| PM SNACK  | BAGEL<br>CREAM CHEESE<br>RAISINS<br>1% MILK           | CHEZ ITS<br>BABY CARROTS<br>RANCH DRESSING<br>1% MILK             | ANIMAL COOKIES (WG)<br>PEAR SLICES<br>1% MILK                   | TORTILLA CHIPS<br>SALSA<br>CHEESE STICKS<br>1% MILK                   | CHEX MIX<br>APPLES<br>1% Milk                        |

# JANUARY

## EEU School Menu for the week of January 16-20

|           | MONDAY MLK Day Closed | TUESDAY   | WEDNESDAY                                      | THURSDAY  | FRIDAY  |
|-----------|-----------------------|---|--|---|---|
| BREAKFAST |                       | LIFE<br>MANDARIN ORANGES<br>1% MILK   | KIX<br>CANTALOUPE CHUNKS<br>1% MILK            | BISCUIT WITH STRAWBERRY<br>JAM<br>APPLESAUCE<br>1% MILK   | YOGURT, MANGO AND<br>GRANOLA PARFAIT<br>1%Milk              |
| LUNCH     |                       | WG POLLOCK FISH STICKS<br>TATER TOTS<br>FOUR BEAN SALAD<br>BLUEBERRY<br>1% MILK | RAVIOLLI<br>GRAPES<br>CELERY STICKS<br>1% MILK | GRILLED CHEESE SANDWICH<br>PEAR SLICES<br>PEAS<br>1% MILK | HEARTY CHICKEN AND<br>NOODLE SOUP<br>RASPBERRIES<br>1% MILK |
| PM SNACK  |                       | WHEAT THINS<br>BABY CARROTS<br>CHEESE STICKS<br>1% MILK                         | CARMEL RICE CAKES<br>ORANGE JUICE<br>1% MILK   | GOLDFISH CRACKER (WG)<br>CUCUMBERS<br>HUMMUS<br>1%MILK    | BUNNY GRAHAMS (WG)<br>PINEAPPLE CHUNKS<br>MILK 1%           |

# JANUARY

## EEU School Menu for the week of January 23 –27

|           | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   |
|-----------|---|---|---|--|--|
| BREAKFAST | RICE CHEX<br>PEACH SLICES<br>1% MILK                                  | CHEERIOS (WG)<br>BANANAS<br>1% MILK                                     | MUFFIN (WG)<br>WATERMELON<br>1% MILK                            | LIFE (WG)<br>MANGO<br>1% MILK  | BAGEL AND CREAM CHEESE<br>BLUEBERRIES<br>1% MILK                   |
| LUNCH     | TERIYAKI MEATBALLS<br>RICE<br>CORN NIBLETS<br>APPLE SLICES<br>1% MILK | BEAN AND CHEESE TACOS<br>CUCUMBER SLICES<br>PINEAPPLE CHUNKS<br>1% MILK | TRI COLOR TORTELLINI<br>CAESAR SALAD<br>STRAWBERRIES<br>1% MILK | SLICED TURKEY, CHEESE AND<br>CRACKER TRAY (WG)<br>CELERY STICKS<br>GRAPES<br>1% MILK | WG CHEESE PIZZA<br>ROASTED BROCCOLI<br>MANDARIN ORANGES<br>1% MILK |
| PM SNACK  | RITZ CRACKERS<br>CARROTS<br>RANCH DRESSING<br>1% MILK                 | ANIMAL COOKIES (WG)<br>ORANGE SLICES<br>1% MILK                         | TORTILLA CHIPS<br>SALSA<br>1% MILK                              | GRAHAM CRACKERS (WG)<br>SUNBUTTER<br>RAISINS<br>1% MILK                              | CHEX MIX<br>PEAR SLICES<br>1% MILK                                 |

# JANUARY

## EEU School Menu *for the week of January 30 & 31*

|           | MONDAY   | TUESDAY   |  |  |  |
|-----------|--|---|--|--|--|
| BREAKFAST | CORN CHEX<br>GRAPES<br>1% MILK                               | LIFE<br>PEACHES<br>1% Milk  |  |  |  |
| LUNCH     | CHICKEN TENDERS<br>BROCCOLI<br>WATERMELON<br>1% MILK         | SUNBUTTER AND JELLY<br>SANDWICH<br>CHIPS<br>CUCUMBERS<br>ORANGE SLICES<br>1% MILK |  |  |  |
| PM SNACK  | GOLDFISH CRACKERS<br>APPLE SLICES<br>CHEESE STICK<br>1% MILK | PRETZELS<br>BABY CARROTS<br>HUMMUS<br>1% MILK                                     |  |  |  |