

Make Your Own Playdough!

Video Instructions:

https://www.youtube.com/watch?time_continue=141&v=oAlAm6BF0fs&feature=emb_logo

What You'll Need:

- 1 cup flour
- ½ cup salt
- ½ cup water
- Food coloring (optional)

In a bowl mix the flour and salt. Add the water gradually and mix. If the mixture is too dry, add a little more water. If it's too sticky, add a little more flour. Knead the dough until it comes together and is sort of smooth. If you want to add color, just divide the dough into separate pieces for however many colors you want to make. Add a couple drops of food coloring to each piece of dough and knead the color through the dough. Store in a closed container for up to 4 weeks; storing it in the fridge helps it last longer.

Things your child and you can create:

- Shape their favorite foods out of the dough
- Count the different things they've made
- Make numbers, shapes, and letters
- Spell out their name or just the first letter of their name

Bake it! Salt dough can be baked in the oven at 250 degrees F for about 2 hours until it's dry and hard so that your child can save their favorite creations.

Paint it! After you've baked the dough and it's cooled, you can paint it for another fun activity!