

## OWL RICE CAKES AND OWL ENGLISH MUFFINS



Supplies needed:

- Rice Cakes or English Muffins or any type of bread or crackers
- Sunbutter, peanut butter, cream cheese or another type of spread
- Banana slices and blueberries for eye
- Apple slices or strawberries for owl wings
- Cheerios or other cereal for owl feathers
- Piece of strawberry or carrot for owl's nose

Lay out your rice cake or English Muffin and spread on the nut butter or cream cheese.

Add your banana slices for eyes and top with blueberries.

Add your strawberry piece or carrot piece for nose.

Add wings using either thin slice of strawberry or apple slices.

Add cereal for owl feathers if desired.

Eat and enjoy!

