

LET'S CREATE!

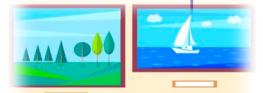
Family Art Gallery

Materials needed:

- Paper
- Tape
- Coloring Materials
- Additional Art supplies



1. Together with your child, choose a topic for the art gallery (i.e. favorite item/toy, self-portrait, nature)
2. Talk with your child about the theme
3. Encourage your child to create a picture (draw, color, paint) of something in relation to the theme
4. After the picture is done, hang it up on the wall together
5. Look at the picture together and ask your child to describe what they created!



Family Talent Show



1. Talk to your child about things that they like to do and things that make them feel proud
2. Help them identify their talent (i.e. dancing, singing, telling stories, drawing)
3. Create a sign-up sheet for writing names and talent
4. Announce each performer and allow them a few minutes to share their talent
5. Give big rounds of applause when they are done!
6. Share your own talent with your child and have fun exploring!



These activities are great as it allows for family bonding and for kids to learn more about their talents, build on their creativity and create an art gallery at home!



Mealtime Make Believe



Explain to your child the different roles everyone can play at the restaurant (i.e. chef, waiter/waitress, guest)

2. Look into your fridge and pick out a few choices for drinks and food (i.e. orange juice; milk/water; goldfish crackers/veggies straws)
3. Create a menu together with your child – encourage your child to decorate the menu while you write the words
4. Model for your child different jobs like being a chef or waitress/waiter
5. Have fun exchanging roles and pretending to be in a restaurant!

* Fun twist – name the restaurant, create decorative plates and your own menu!*



Making it work for your child...



- If drawing/painting is difficult, you can help your child draw but ensure they can still participate (i.e. choosing colors, dotting etc.)
- Use paint, markers or dot markers which may be easier for decorating
- Have another adult speak about the drawing while your child stands next to them or holds the picture. (talent show)
- Use the language that you and your child feels the most comfortable with

Making it work for your family!



- Encourage all family members to contribute to the gallery and have a sharing session after
- Have all family members share their talent and contribute to the talent show
- For **older children** - they can team up to create a dance/song that everyone can join in (talent show); be more involved in the restaurant creation process - preparing food, writing & designing the menu etc.
- For **younger children** – can be restaurant guests and help to decorate the menu with simple materials

Mealtime Make Believe is great because it turns regular mealtimes into a fun learning activity! It allows kids to learn how to role-play, unleash their creativity and imagination by creating a restaurant and decorating items.